

## WHAT IS CLAIMED IS:

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1. A disposable, semi-enclosed applicator for distributing a substance onto a target surface comprising a first side, a second side, and an internal cavity between said first and second sides, said applicator further having at least one opening, such that said internal cavity is externally accessible, wherein:
    - a. said first side comprises a porous sheet containing at least 50%, by weight, non-absorbent material;
    - b. said second side comprises an absorbent sheet containing at least 50%, by weight, of cellulosic material; and
    - c. wherein said applicator further comprises a substantially fluid-impervious barrier layer within said internal cavity adjacent said first side.
  2. The applicator of Claim 1, further comprising a second substantially fluid-impervious barrier layer adjacent said second side.
  3. The applicator of Claim 1, wherein said first side further includes a substantially absorbent layer located between said porous sheet and said barrier layer.
  4. The applicator of Claim 1, wherein said porous sheet comprises a fibrous nonwoven.
  5. The applicator of Claim 1, wherein said porous sheet comprises an apertured film.
  6. The applicator of Claim 1, wherein said absorbent sheet is a paper comprised of 100% natural cellulose fibers.
  7. The applicator of Claim 1, wherein said absorbent sheet is a fibrous nonwoven.
  8. The applicator of Claim 1, further comprising a friction-enhancing element located at least partially within said first cavity during use.

9. The applicator of Claim 1, further comprising a pocket located at least partially within said internal cavity.

10. A disposable, semi-enclosed applicator for distributing a substance onto a target surface comprising a first side, a second side, and an internal cavity between said first and second sides, said applicator further having at least one opening, such that said internal cavity is externally accessible, wherein:

- a. said first side comprises a porous non-absorbent sheet having a basis weight of no greater than about 100 gsm;
  - b. said second side comprises an absorbent sheet having a basis weight of no greater than about 140 gsm; and
  - c. said applicator further comprises a substantially fluid-impervious barrier layer within said internal cavity adjacent said first side;
- said applicator having a Ratio of Absorbency of said second side to said first side of at least about 1.5.

11. The applicator of Claim 12, wherein the Ratio of Absorbency of said second side to said first side is at least about 2.

12. The applicator of Claim 13, wherein the Ratio of Absorbency of said second side to said first side is at least about 4.

13. The applicator of Claim 12, wherein said first side has a basis weight of no greater than about 75 gsm, and said second side has a basis weight of no greater than about 120 gsm.

14. The applicator of Claim 12, wherein said first side has a basis weight of no greater than about 55 gsm.

15. The applicator of Claim 16, wherein the ratio of Absorbency of said second side to said first side is at least about 4.

16. The applicator of Claim 1, further comprising a temperature-changing element.